

Post-Procedure Care Instructions

If You Received Anesthesia:

1. DO NOT DRIVE OR OPERATE MACHINERY FOR 24 HOURS. Some of the anesthetics have a delayed metabolism and could interfere with your ability to perform tasks.
2. DO NOT DRINK ALCOHOLIC BEVERAGES FOR 24 HOURS.
3. DO NOT MAKE IMPORTANT DECISIONS OR SIGN LEGAL DOCUMENTS FOR 24 HOURS.
4. DO NOT EAT HEAVY OR LARGE MEALS UNTIL THE NEXT DAY.

POST-PROCEDURE CARE:

1. A COLD PACK may be used, if needed. Apply the cold pack for 15-20 minutes, up to 6 times per day, for 1-2 days.
2. You may take Tylenol, if needed for discomfort. Use Tylenol as directed on the package.
3. You may take previously prescribed pain medication as prescribed.
4. Keep the site clean and dry.
5. You may shower the next day.
6. Remove the dressing and inspect the site the next day.
7. Rest and relax the next 24-48 hours.
8. A nurse will call you a day or two after your procedure to see how you are doing.

NOTIFY DR. ASSIL'S OFFICE AT (805) 497-8616 IN THE EVENT OF:

1. Increased redness or swelling at the injection site.
2. Drainage from the injection site.
3. Chills or fever greater than 101 degrees Fahrenheit.
4. Headache that increases with standing.
5. Increased weakness of arms/legs or onset of new numbness, or new severe pain.

FOLLOW UP INFORMATION:

I understand the above instructions and the need to follow all stated instructions carefully.

Signature of Patient and/or Responsible Adult

Signature of Nurse Reviewing Instructions with Patient

Time

Signature of Physician

Date